

Surrender Statement

Dear Universe/God/Source,

I want to feel good, and I can no longer put energy into worrying about or trying to figure out what to do about/how to get _____ (insert your dream/desire) _____. So I'm handing it over to you to figure out for me. What I'm asking is _____ (insert what you're asking the Universe to do/figure out for you) _____.

I trust that you've got this and will handle it for me. I'm willing to stay out of the way while you work your magic. I will do my part and act on any inspired actions/ideas/nudges that you send me.

And so it is. Thank you.